

CARMEL APPLE SALAD

Sharon Ward's



3 CUPS DICED APPLES (DO NOT PEEL)
LEMON JUICE
1 CUP DRY ROASTED PEANUTS
1 CUP MINIATURE MARSHMALLOWS
1 SMALL SUGAR-FREE/FAT FREE BUTTERSCOTCH INSTANT PUDDING
1 - 8 OZ. CAN CRUSHED PINEAPPLE (DO NOT DRAIN)
1 - 8 OZ. CONTAINER FAT FREE COOL WHIP

TOSS DICED APPLES WITH LEMON JUICE (just enough so the apples don't turn brown)
ADD PEANUTS AND MARSHMALLOWS

MIX IN A SEPARATE BOWL THE BUTTERSCOTCH PUDDING (dry), PINEAPPLE
AND COOL WHIP, THEN ADD TO THE APPLE MIXTURE, STIR WELL.

KEEP REFRIGERATED UNTIL READY TO USE.

SERVING SIZE IS 1 CUP = 4 WW POINTS.

